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Homemade Crispy Chicken Strips

- * 3/4 pound boneless skinless chicken breasts
- * 1/2 cup mashed potato flakes
- * 1/2 cup seasoned bread crumbs
- * 2 eggs, beaten
- * 2 tablespoons olive or vegetable oil, more as needed

Flatten chicken to 1/2-in. thickness; cut into 1-in. strips. In a shallow bowl, combine the potato flakes and bread crumbs. Dip chicken in beaten eggs, then in potato mixture. In a skillet, cook chicken in oil for 4-5 minutes or until golden. Yield: 3 servings.